



BRUNCH BROWN BAG & BAKERY

THE IDEA FOR 'SAP' WAS HATCHED BY OUR DEAR OWEN. HIS DRAWING OF A BREAKFAST RESTAURANT AT AGE 5, INSPIRED US TO HAVE OUR VERY OWN 'SAP'.

EXTRA LOVE AND LAUGHS PROVIDED BY OUR BEAUTIFUL FIONA, JACKSON & BRAXTON.

SPECIAL THANK YOU TO ALL THE SAP KIDDOS FOR THEIR HUGE HEARTS, OPEN MINDS AND FREE SPIRITS, FOR THEY HELP REMIND US TO LOOK FOR THE MAGIC.

**PROUD TO SUPPORT**

**ORGANIC CHICKEN EGGS & DUCK EGGS**

KELLNER BACK ACRE FARMS / WI

**PORK** WHISTLEBERRY FARMS / WI

**GRASSFED LAMB & BEEF** BOULDER CREEK FARM / WI

**PURE MAPLE SYRUP** SIPPLS' SAP SHACK / WI

**SHOOTS & MICROS** NEW COMMUNITY FARM / WI

**BREAD** BREADSMITH / WI

**CHEESE** RED BARN & CARR VALLEY / WI

**COFFEE** COLECTIVO / WI

**BUTCHER** HAEN MEATS / WI

**BYO OMELETTE \$17** sap salad / choice of sap potatoes or toast

choose 3 - limit 1 cheese and 1 meat

extra meat or cheese add \$2 / extra veggie add \$1.5

ham / bacon / sap sausage / smoked salmon \$2. / RB white cheddar / RB monterey jack / CV baby swiss / CV gouda / spinach / kalamata olive / tomato / red pepper / caramelized onion / sautéed mushroom / broccoli / jalapeño / avocado / aspar agus

**BENEDICTS \$18** sap salad / sap potatoes

**CLASSIC**

shaved ham / house hollandaise / english muffin

**SMOKED SALMON**

house smoked salmon / avocado / shaved red onion / dill hollandaise / english muffin

**PORTOBELLO**

roasted red pepper / crispy kale / smoked tomato hollandaise

**CLASSICS**

**LARRY'S FAVORITE EGG SANDWICH \$14**

over-easy egg / choice of meat / red barn white cheddar / brioche roll / sap salad

**2 EGGS ANY WAY\* \$14**

sap salad / toast or sap potatoes / 1/2 meat

**STEAK & EGGS\* \$19**

4oz tenderloin / bacon jam / 2 eggs any way / sap salad / sap potatoes

**NOLA'S RED FLANNEL HASH \$16**

roasted beet & sweet potato / sautéed onion / bell pepper

poached egg \$2 / corned beef \$6

**HUEVOS RANCHEROS \$17**

sunny-side up eggs / refried black beans / pico de gallo /

heirloom tomato salsa / house corn tortilla / avocado cream

**TOASTED BAGEL & CURED NOVA SCOTIA SALMON \$16**

pickled capers / lemon cream cheese / tomato / red onion / add hb egg \$2

**CORNED BEEF HASH \$18**

roasted potato & onion / poached eggs / sap salad / toast

**CHILAQUILES \$17**

fried eggs / black bean / tortilla chip / salsa verde / queso fresco / pico / lime crema

**SMASHED AVOCADO TOAST \$17**

8 minute organic egg / queso fresco / pickled radish / superseed / voyageurs sourdough

**GRIDDLES**

substitute local maple syrup \$1 / add half order meat \$3.5

**SAP CAKES \$15**

house buttermilk pancakes / sap butter / seasonal fruit

**LEMON RICOTTA PANCAKES \$17**

lemon crème anglaise / seasonal fruit

**CLASSIC FRENCH TOAST \$15**

choice of bread / substitute gluten free \$2 / sap butter / seasonal fruit

**BRIOCHE FRENCH TOAST \$16**

vanilla bean crème anglaise / seasonal caramelized fruit

**OTHERS**

**A LA CARTE DUCK EGG \$3**

**A LA CARTE HARD BOILED EGG \$2**

**BEET BERRY SMOOTHIE BOWL \$16**

honey-oat granola / ginger / lemon

**NO GRAIN BERRY BOWL \$16**

coconut smile & nut granola /

sugar free vanilla yogurt / mint

**TOAST or ENGLISH MUFFIN \$4**

sub voyageurs sourdough \$2

sub gluten free canyon bake house white \$2

**TOASTED BAGEL \$5**

lemon cream cheese / house jam

**SAP POTATOES \$7**

crispy potato / romano cheese / fresh herbs

**MEAT \$7**

bacon / ham / sap sausage

**1 PANCAKE \$8**

\*available with entrée order\*

**1 LEMON PANCAKE \$9**

\*available with entrée order\*

**FRUIT PLATE \$12**

**SNACKS**

**CRISPY RB CHEDDAR CURDS \$10**

horseradish aioli / buttermilk ranch

**HOUSE HUMMUS \$12**

roasted cauliflower / candied pepita / naan

**BUFFALO CAULIFLOWER \$12**

GF crust / sweet & spicy buffalo /

carrot cabbage slow / chive & blue cheese yogurt

**POMMES FRITES \$10**

crispy shoestring potato / house aioli

**BUTTERMILK ONION RINGS \$10**

chipotle aioli

**CRISPY CHICKEN TENDERS \$12**

house bbq / honey mustard

**PASTINA \$4 / \$6**

grandmas classic chicken soup

**BOULDER CREEK GRASS FED BURGER OR HOUSE BLACK BEAN BURGER \$18**

lettuce / tomato / red onion / pommes frites / onion rings / coleslaw / pickle / sesame kaiser roll

**ADD MEAT OR CHEESE \$2 / ADD VEGGIE \$1.5**

ham / bacon / egg / RB white cheddar / RB monterey jack / CV baby swiss / CV gouda / caramelized onion / pepper / mushroom / avocado

**SAMMIES & SUCH** choice of sap salad / cup of soup / pommes frites**BOULDER CREEK LAMB BURGER \$18**

peppered bacon / CV gouda / garlic herb aioli / sesame kaiser roll

**REUBEN \$17**

sliced corned beef / house slaw / CV baby swiss / 1000 island / rye toast

**BLTA \$16**

bacon / bibb / tomato / avocado / RB jack / smoked tomato aioli / white toast

**GRILLED CHEESE \$16**

RB white cheddar / CV baby swiss / voyageurs sourdough / add tomato or bacon or ham \$2

**CRISPY CHICKEN \$17**

honey sriracha glaze / tomato / red onion / herb salad / jalapeño vinaigrette / brioche

**TURKEY \$16**

sauteed pepper &amp; onion / avocado / gouda / chipotle aioli / sesame kaiser roll

**STEAK\* \$19**

CV gouda / charred onion / wild mushroom / horseradish aioli / sesame kaiser roll

**CHICKEN SALAD \$16 (add scoop to salad \$9)**

rotisserie chicken / dried cranberry / apple / pecan / celery / pea shoot / peasant toast

**COD \$17**

buttermilk crust / house tartar / coleslaw / bibb / tomato / red onion / sesame kaiser roll

**CRISPY FISH TACOS \$18**

avocado / cilantro lime slaw / jalapeño vinaigrette

**BOWLS****POWER \$18**

quinoa / brussels sprout / butternut squash / kale chip / avocado / pickled red cabbage / pepita / avocado cream / honey lemon vinaigrette

**CHICKEN FAJITA \$22**

cilantro-lime basmati rice / tri color pepper / black bean / guacamole / sour cream / roasted corn pico de gallo

**SCOTTISH SALMON \$28**

crispy basmati rice / bok choy / carrot / pepper / sugar snap pea / onion / black sesame / crispy wonton / honey-ginger glaze

**SALADS** ADD GRILLED OR ROTISSERIE CHICKEN \$8 / SHRIMP \$12 / SALMON \$10 / ORGANIC & LOCAL HARD BOIL EGG \$2**CARMELLAS CAESAR \$12**

romaine / cherry tomato / house crouton / garlic cream / parmigiano reggiano

**SMOKED SALMON NICOISE \$18**

8 minute organic egg / pea shoot / haricot vert / roasted baby potato / kalamata olive / cherry tomato / crispy shallot / dijon dill vinaigrette

**COBB \$18**

bibb lettuce / bacon / ham / rotisserie chicken / sunny side egg / tomato / avocado / blue cheese / avocado cream / red wine vinaigrette

**MEDITERRANEAN \$15**

artisan greens / quinoa / chick pea / red pepper / pickled red onion / carrot / kalamata olive / cucumber / tomato / feta / red wine vinaigrette

**SAPLINGS MENU** \*CHILDREN 12 AND UNDER ONLY, PLEASE\***SAPLING CAKES \$8**

buttermilk pancake / bacon or ham or sausage / fruit

**FRENCH TOAST STICKS \$8**

brioche / bacon or ham or sausage / fruit

**1 EGG OMLETTE \$8**

white cheddar / bacon or ham or sausage / toast / fruit

**CHICKEN TENDERS \$10**

soup or salad or french fries / fruit

**GRILLED CHEESE \$10**

white cheddar / soup or salad or french fries / fruit / add ham or bacon \$2

**MINI BOULDER CREEK GRASS FED BEEF BURGER \$10**

soup or salad or french fries / fruit / add white cheddar \$2

**-seasonal menu creations by kari mueller & tomas lopez-****-bakery creations by kari mueller & sap pastry team-****-sap is not a certified gluten-free facility - please use caution for severe allergies-**